

Guilden Sutton Community Association

marigold

Autumn 2024

Welcome to the newly refurbished Village Hall

After many months of planning, the village hall roof has been replaced, along with improved insulation, and the opportunity has been taken to install solar panels. The toilets have also been refurbished.

Q: Why replace the entire roof?

A: The roof was over 40 years old with increasing leaks due to deterioration of the felting and tiles.

Q: What about roof insulation?

A: Extra insulation has been added during re-roofing to reduce heating costs and improve hall comfort. Reducing energy consumption is vital for our sustainable future.

Q: Why fit solar panels and batteries?

A: The Village Hall's electricity costs will significantly increase next year because a low-cost fixed price contract will soon end. Solar panels will generate electricity for the Hall, and the battery system will enable electricity generated during the day to be used at night.

Q: What will happen when the sun doesn't shine?

A: Electricity may need to be bought from the grid in winter, but surplus electricity from the panels will be exported and sold back to the grid when the sun shines.

Q: Why isn't the whole roof covered in solar panels?

A: Enough solar panels have been fitted for the village hall's everyday needs. Covering the roof would contribute to national energy generation but cost more, so the money saved has been used to refurbish the toilets instead. More panels can be added in the future if they generate enough energy to repay the cost of their installation.



Guilden Sutton Community Association

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Q: Why refurbish the toilets?

A: Resident feedback at the Happening in the Hall and other events confirmed that refurbishing the toilets to fresh, modern standards is a priority for hall users.

Q: When will the work be finished?

A: Roofing, solar energy system and toilet refurbishment will be completed by 1 September unless exceptional bad weather delays them. The Hall will reopen in time for the new school year.

Q: How much will it cost and how is it being paid for?

A: After securing competitive quotes and drawing up detailed specifications to ensure value for money, the total cost for re-roofing, insulation, solar energy systems, and toilet refurbishment will be approximately £100,000. Thanks to the Community Association's prudent saving in past years and a £10K grant from CWaC, there is enough money without borrowing.

Please get in touch with the Guilden Sutton Community Association if you have any questions.

Join the Community Association

As a resident of Guilden Sutton, you are welcome to register as a member of the Community Association. It's all FREE!

Membership has a number of advantages, including discounts on hall hire, updates on events via email and voting at Community Association AGMs. There are no obligations.

Why not join NOW using the on-line joining form on the GS website where there is full information on the Community Association

www.guildensutton.org.uk

Holding a party or an event?

Book the Village Hall. The hall and its rooms are available for private bookings. You can view the scheduled activities and see what rooms in the Hall are available at:

www.guildensutton.org.uk/Village_hall_booking.html

Booking information is on that page but you can also speak to Stephanie, the booking secretary, on 07739 104147

Diary of events

September

Parish Council meeting	Wed 4	19:30 - 21:30	Village Hall
Sutton 6 and Fun run	Sun 15	Start 11:00	Belle Vue Lane

October

Parish Council forum	Wed 2	19:00 - 19:30	Village Hall
Parish Council meeting	Wed 2	19:30 - 21:30	Village Hall
St John's church - public consultation	Thurs 3	Start 19:30 DATE CHANGED	Village Hall
Village Quiz	Sat 19	19:30	Village Hall

November

Parish Council meeting	Wed 6	19:30 - 21:30	Village Hall
Remembrance service	Sun 10	10:10	St John's

December

Parish Council forum	Wed 4	19:00 - 19:30	Village Hall
Parish Council meeting	Wed 4	19:30 - 21:30	Village Hall
Xmas lights	Sat 7	18:00 - 19:30	Village Hall
Candlelit carols	Wed 18	19:30	St John's
Midnight Service	Tues 24	23:15	St John's
Christmas Day service	Wed 25	10:30	St Peter's

Village Fun Quiz

Save the date! This year's Village Fun Quiz, run by the Community Association, will be on

**Saturday 19 October
7.30 pm Village Hall**

Teams of up to 6 people. For further details, watch out for posters around the village and on websites in September, or email vivian.downing@googlemail.com



Parent and Toddler group

The Parent and Toddler Group meets term-time only, every Tuesday morning between 10.30 and 12.00 in the Village Hall. We charge £2 per family.

Parents, grandparents and childminders are all welcome to join our friendly group. We currently have children ranging from a few months old to preschoolers, everyone is welcome!

We have a wide selection of toys and play equipment. Our ride-on toys are always very popular with the older children. The babies enjoy socialising on the play mats and are able to explore new toys in a safe environment. Painting, play dough and other craft activities are carried out each week. Refreshments are available.

The group is well attended, but help is needed urgently to continue functioning. There is not a huge amount to do, but if you, maybe with a friend, could run and steer the group, many people would be very grateful, as it may not be viable beyond October.

HELP

Please come along on Tuesdays or email Emily for more information emilyjagalvin@hotmail.com

Stardust drama

Drama classes for children aged 5-12 run on Friday afternoons. 5-8 year olds at 3:45pm, 8-12 year olds at 4:55pm.

Fun-filled classes with drama games, improvisations, script reading, character work and performances helping inspire confidence, creativity and teamwork in children.

Run by professional actress, Stephanie Pinder
The first class is **free** for new young actors

www.stardustdrama.co.uk
Email: stephchambers99@aol.com
M: 07739 104147



Tumble Tots

Monday mornings in the Village Hall

Designed to develop children's physical skills of agility, balance, co-ordination and climbing, the programme is structured to develop children's positive personality traits including confidence and self-esteem.

Call Paul Johnson on 07873 114596
or visit www.tumbletots.com



Guilden Sutton 10K and Fun Run Sunday morning, 15 September

Hope to see you in September, running in either of the races or cheering on the runners.

The 10K starts at 11.00 in Belle Vue Lane opposite Middlecroft, does a loop of Guilden Sutton Lane/Hare Lane/Belle Vue Lane, comes back past the start point and then heads out again down Guilden Sutton Lane/Hare Lane down to the Vets on the A51. From there, the race goes down the wide pavement to Wicker Lane, returning to the village to finish at the Village Hall. Chip timing will give you your result within minutes of the race's finish via email or text to your mobile phone.

At 12:15, the Fun Run will start on Hilltop Road. This goes out via Arrowcroft Road, turning left on the pavement along School Lane up to Oaklands. Running all the way around Oaklands, back out to School Lane and then round once more before turning into Hilltop Road to the finish at the Village Hall. **Entries to the Fun Run are on the day ONLY at the Village Hall** from about 09:00, and there will be an award for all finishers. Refreshments will be available in the Village Hall, provided as usual by the local Cubs group.

Temporary road closures will be implemented for the Start in Belle Vue Lane (from approximately 10:50 until 11:05) and Wicker Lane (from about 11:15 until about 11:50).

Internet entry and more information for the 10K race is available from the West Cheshire AC website at:

<http://www.westcheshireac.co.uk/races/road>
or from Nifty Events at: Guilden Sutton 10k - Sun 15 Sep 2024 - niftyEntries.com or scan QR code:

Late entries will be available **via the website** up until the morning of the race.

Richard Hayes – Race Director, Richard Batterham - West Cheshire AC



Yoga - friendly classes, open to all

Yoga classes take place at the Village Hall on Tuesday evenings 6.30 until 7.45pm.

Regular yoga practice improves energy levels, posture, flexibility, strength, agility, endurance and balance; giving you a greater ability to move. It is an anti-ageing tool.

For more information please call or text Aly 07801 575773
email alygwatkin@outlook.com or visit www.yogaly.co.uk

Guiden Sutton Preschool

Guiden Sutton Preschool is a lovely local Preschool in the heart of Guiden Sutton. Our child-centred approach allows your little person to grow, learn and develop through play and creativity. We provide a safe, inclusive, nurturing environment for all and pride ourselves in giving our children the confidence and skills ready for their next big adventure! We also have strong community links with the local school and church.



From April 2024 - working families with children aged 2, may be eligible for 15 hours of childcare funding. Visit www.childcarechoices.gov.uk to see if you are eligible and for more information on how to apply.

See also our Facebook page to see many of the wonderful activities we get up to!

We have limited spaces available for the Autumn Term - contact us now to secure your child's place! Email managersps@gmail.com or call 07717 942843 to arrange a visit. We are open Monday-Friday from 9am-3pm during term times.

Visit www.guidensuttonpreschool.org for complete information.

Pop-up Play Village

Pop Up Play Village is all about making child's play of the world, inspiring and nurturing young minds through role play. Our village is child-led, with an open plan to provide a safe and inviting space where children and their parents can unleash their creativity and let their imaginations go wild.

Pop Up Play Village is made up of role-play areas, such as a construction site, baby nursery, cafe, supermarket, vets, hospital, emergency services and library. The play sessions have been specially designed to help children learn and develop through play. Each role-play area provides children with the tools to develop socially and learn more about themselves, their peers and the world we live in.



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As well as role-play sessions, we run parties, early years and school sessions (with planning to support the EYFS, KS1 & KS2 Curriculums), wedding entertainment, and pop-ups for events, festivals and fayres. Our play sessions run monthly from 11am to 12.15 pm. Dates can be found on Facebook and Instagram (@popupplayvillagechester). They are PAYG and bookable online via the website below.

We're excited to announce our collaboration with **Trainmaster Cheshire**, bringing you the ultimate play experience! Trainmaster builds huge train tracks for your little ones to enjoy, and they also bring a ride-on train, coasters, and loads more train-themed fun. If your little one loves trains and role-play, this is the perfect play session for them!

Trainmaster collaboration is Friday, November 1, 11-12.15 and 12.45-2.00pm. Tickets are available to book now via my website.

For more information, please contact Kelly at any of the following: M: 07482268794 Email: chester@popupplayvillage.co.uk

Website: <https://popupplayvillage.co.uk>

Exercise and Nutrition

HEALTHY ACTIVE LIFESTYLE (H.A.L.) CLUB

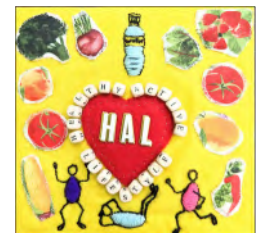
If you are looking to become a bit more active and meet some new friends, then come along to HAL this Autumn.

We meet every Thursday morning in the Village Hall (9.15 – 10.30am). It's been great to see some new people join us recently, and we are continuing to welcome new, adult members of all ages. Our weekly workout is complemented by a lively discussion on healthy eating & lifestyle topics. We are a very friendly bunch, and everyone really enjoys our weekly get-togethers. A walk to Meadow Lea Farm Coffee Shop afterwards is a regular occurrence!

All fitness levels are catered for, with a range of high and low impact activities. The sessions are pay as you go, so you can try a session without a long-term commitment. It's just £7 per session, including refreshments. So why not come along and join us?

For more information, please contact Su Baird on 0777 195 1427 or su.baird@btopenworld.com

Looking for something outdoors? Then contact Su about Fit Club Chester's outdoor workouts in Hoole on Wednesday evening / Saturday morning.



Mobile Library Service

The easy-access library bus will be visiting the village on **MONDAYS**

16 Sept 7 Oct

28 Oct 18 Nov

9 Dec

Moorcroft Crescent 10:20-10:35
Village Hall car park 10:50-12:00



A wide range of books is on offer including fact, fiction, reference and children's books, new publications, large print and talking books, and an excellent Information Service. For further info and future dates visit the CWaC website and search for Mobile Library

Badminton Club

The club plays in the Village Hall from September until the end of April.

Club nights are on Monday and Tuesday 8.00pm - 10.00pm.

We welcome new members who are looking to play social badminton and those who are a little rusty and want to start playing again.

We have a great facility in the Village Hall so why not come along and enjoy the social nature of the club whilst taking some gentle exercise. It's a very enjoyable way of keeping fit.

If you are interested in joining or having a go, please contact Peter Evans on 300890 or just turn up on a Monday or Tuesday evening to find out more.



Ladies Badminton

Ladies badminton Village Hall Tuesday 09:15 - 10:15

The club is currently running at capacity but if you would like further information please contact Siân Hancock Email: sian-hancock@live.co.uk

Wildflower area

The money raised through Spacehive has now been transferred to the Parish Council, which will hold the fund for exclusive use on the wildflower garden. A small notice board has been ordered, which will provide information about the garden. A planter for herbs and a seat will be installed in 2025.

Thanks to Tom and Tim for continuing to keep an eye on the garden. We hope the area will help pollinators and other insects and provide an interesting space for residents to get close to nature.

Pilates - St John's Church Hall

Increase strength. Improve your balance

Classic floor mat classes - every Wednesday:
Level One 7pm Level Two 8pm

For more information ring or text Clare on 07917 116576
Email: cefarrall@mac.com

Indoor Bowls Club

The new season starts on Friday 13th September and continues through to 20th March.

We meet in the Village Hall on Friday evening from 7.00 - 9.00 pm. We have 3 playing mats and a selection of bowls to choose from.

Once the season starts, we may have some vacancies so if you are interested in giving it a try please contact Jill on 01244 301015

French classes with Corinne St John's Church Hall, Church Lane

Learn French the fun relaxed way!

25 weeks courses, the classes start week commencing 23 September.

Level 4, Intermediate plus, Monday 10:00 - 12:00

Level 5 Advanced, Tuesday, 10:00 - 12:00

Level 3, intermediate, Tuesday 13:00 - 15:00

For further information, please contact Corinne:
csdloison@outlook.com



Guilden Sutton History Group

The History Group holds a large collection of photos, articles, maps, and general information about Guilden Sutton. We also recognise that the community has a wealth of additional information and would welcome any information or contributions. Sue Gray holds a lot of the collection and has the following message concerning **Remembrance Sunday**:

'I am trying to contact any one who has photographs or information about members of the armed forces from Guilden Sutton who fought in the two World Wars.

Last Remembrance Sunday we had an extra photograph brought along. I would very much like a copy of this, and any information about the person in the photograph. If you can make this information available, please contact me, Sue, on 300754. Thank You'

Circle dancing

Dancing connects you with others, lifts your mood and develops co-ordination and memory. It feeds your mind, body and soul.

Holding hands and dancing with others in a circle pattern is a very old tradition in countries like Greece, particularly on occasions such as weddings, where everyone is included and you don't need a partner.

In our Wednesday afternoon circle dance group (Village Hall, 2.30 - 4pm), we do, in the main, fairly gentle community dances, with repeated step patterns to beautiful world music. Some of the rhythms are quite unusual and keep us on our toes! We embrace a wide variety of dances and cultures, and express many moods. We always end the session with more meditative dances, which bring a feeling of peace. We always have a lot of fun along the way.

We are an established and friendly group, and will offer you a warm, open welcome.

If you would like try us, please contact Dee and Nawal on 01244 679100, or email nawal.dee@gmail.com

Play Ukulele

The Ukulele group meet up on Tuesday evenings, 8pm to 9pm at the Village Hall.

The group is for anyone who wants to play, or start playing, the ukulele. Even if you've never learned a musical instrument before, if you'd like to give it a go just get in touch, or drop in on a Tuesday evening.

For more information, or if you have any questions please email GSCA (community@guildensutton.org.uk) or phone Sarah on 07985 455824

Nina Gaskill School of Dance

FUN, CREATIVE AND INCLUSIVE DANCE CLASSES

Children's RAD Ballet, ISTD Modern, Jazz and Tap.
Fridays and Saturdays in the Village Hall

Adults class Mondays 19:00 - 20:00

Qualified, Registered Teacher, Nina Gaskill RAD dip, DDE, AISTD
Contact Nina for information nina.gaskill@btinternet.com
Facebook: NinaGaskillDance



Guilden Sutton Art group

Guilden Sutton Art Group meets in St John's Church Hall in Church Lane every Wednesday 11am till 4pm during term time.



Members' abilities range from absolute beginners to experienced artists who work together in a relaxed and informal atmosphere.

We work individually on our own projects using pastel, acrylic, watercolour or pencil. Members usually take packed lunches, and teas and coffees are available throughout the day.

Why not drop in on a Wednesday to see what we are doing. More info, contact Chris Morley Tel: 07746925804 E: chrstnmorley@gmail.com

Guilden Sutton Sings!

Wednesdays 1.15 to 2.45pm at the village hall.

We are a friendly and informal singing group, with a focus on singing for fun and well being.

All voices are welcome - young, old, beginner or experienced - so if you would like to sing, learn new songs, and meet new people, why not come along one week and try it out? Sessions are £5 per week, including refreshments and there's no long term commitment - just turn up and sing.



For more information contact Sarah by email: sarahjessopmusic@runbox.com or telephone: 07985 455824

Guilden Sutton Old School House Trust

Registered Charity No. 1066844

The Trust, set up by the Diocese of Chester following the sale of the old school house, supports the personal development of current or former pupils of Guilden Sutton Primary School. It makes grants, typically in the range of £100 to £500, to support the purchase of equipment such as musical instruments or sports equipment, gap years, uniformed groups or other projects, and education expenses such as books, travel, etc. Applicants should be under 25 years old.

Applications should be submitted by 30 April for consideration in May or by 31 October for consideration in November each year. Application forms and more information are available on the Guilden Sutton website or from Peter Reid (Email: pgeddesr@gmail.com; Tel. 01244 300985).

Green Space and Hooks Wood

Hooks Wood, our community woodland, is open to everyone for walking, enjoying nature, exploring and playing. Entrances to the wood is via the Old School Lane or the Green Lane bridleway.

This year the trees have put on a spurt. You can see the growth over two years from these pictures

For more information visit: www.gsgreenspace.org.uk



October 2022



August 2024

1st Guilden Sutton Scout Group

Meeting and activities at the Village Hall

Beavers (6-8yrs) Mondays 17:45 - 19:00

Cubs (8-10.5yrs) Mondays 18:30 - 20:00

Scouts (10.5-14yrs) Fridays: 19:30 - 21:00

For more info email Wez Weston at:

1stguildensutton@chesterscouts.org.uk



Cafe at St John's Church Hall

Our welcoming cafe is open from 10am to midday on the second and fourth Thursdays of most months. We serve a variety of beverages, delicious home-baked cakes, toasted tea cakes, etc, in the fully accessible, warm and light-filled church hall on Church Lane.

We are a registered 'Warm Space.' There is a play area for children. Our prices are very reasonable, and all drink refills are free – we are 'Costa Not-a-Lot.' It's a great place to meet up for a chat. If you've not been before – give us a try!

We are open on the following Thursdays: **Sept** 12 & 26, **Oct** 10 & 24, **Nov** 14 & 28, **Dec** 12



St John's Church, Guilden Sutton

www.guildensutton-plemstalchurch



Sunday services are shared with St Peter's, Plemstall. Sunday services in St John's Church are 10.30am service with Holy Communion on the 4th Sunday of the month and 7pm reflective and informal communion service on the 3rd Sunday of the month.

Messy Church



Free breakfast, children's activities, toddler and baby area and a short celebration time together in the school hall. Meet: 10:30

Guilden Sutton
School Harvest
20 October

Mickle Trafford
Village Hall
22 September

Cafe Church and Cafe Kids



Time together starts with coffee, croissants and chat (with games for children). A short, informal service follows often with video clips and discussion. Children can go out for a session in the Marigold room next door with Cafe Kids or stay in the main hall. Meet: 10:00 for 10:30

Guilden Sutton
Village Hall
8 Sept
5 Oct
3 Nov
1 Dec

The Woolly Bunch



Enjoy knitting or crochet or want to learn?

Meet on the first and third Thursdays of most months 10.15 - 12 noon
Contact Heather on the number below for more information

St Johns Church
Hall
5 & 19 Sept
3 & 17 Oct
7 & 21 Nov
5 & 19 Dec



Connect group

A chance to get to know others better, connect informally and explore living out faith in day-to-day life in a small group of 6-8 people.

Contact Heather
on the number
below

For more information contact **Heather Carty** on **07484 515812**
Email: rector@guildensutton-plemstalchurch

Guilden Sutton Community Association

Charity no: 1201751

Chair: Robin Norrie

Treasurer: Sarah Connolly

Secretary: Matthew Peacock (Email: matthew@guildensutton.org.uk)

Trustees: Sarah Connolly, Vivian Downing, Peter Evans, Alice Hay, Derek Hughes, Sarah Jessop, Robin Norrie, Matthew Peacock.

Parish Council

Sue Ringstead (Chair), sue.ringstead@guildensuttonpc.co.uk

Members: Alan Davis (Vice chair), Mel Littlewood, Trisha Paterson, Rachael Whelan, Victoria Roberts, Derek Hughes.

Clerk: Tel: 07733 414175 Email: clerk@guildensuttonpc.co.uk

Parish Council meetings:

4 September, 2 October, 6 November, 4 December

7.30pm Village Hall

If you would like to speak to a councillor, please contact the Parish Clerk in the first instance. Two Councillors will be available at a surgery outside the Post Office 10:00 - 10:30 on the Saturday preceding each Council meeting. There is public speaking time at the start of each council meeting where members of the public may address the council. Occasionally, an open forum on specific subjects lasts half an hour before some council meetings. See agendas for details.

Parish Council website: guildensuttonpc.co.uk

Cheshire West and Chester Council

Councillors covering the Guilden Sutton area (Gowy Rural ward)

Margaret Parker email: margaret.parker@cheshirewestandchester.gov.uk

Graham Heatley email: graham.heatley@cheshirewestandchester.gov.uk

Member of Parliament

Mike Amesbury - Labour MP for Runcorn and Helsby

Website: <https://www.mikeamesbury.org>

Regular events in the Village

			Page
Mondays - Fridays			
Pre-school	09:00 - 15:00	Village Hall	6
Mondays			
Tumble Tots	09:30 - 13:00	Village Hall	4
French Classes	10:00 - 12:00	<u>Church Hall</u>	9
Beavers	17:45 - 19:00	Village Hall	12
Cubs	18:30 - 20:00	Village Hall	12
Nina Gaskill Dance (Adults)	19:00 - 20:00	Village Hall	10
Badminton Club	20:00 - 22:00	Village Hall	8
Tuesdays			
Ladies Badminton	09:15 - 10:15	Village Hall	8
Parents and Toddlers	10:30 - 12:00	Village Hall	4
French Classes	10am and 1pm	<u>Church Hall</u>	9
Yoga	18:30 - 19:45	Village Hall	5
GS Badminton Club	20:00 - 22:00	Village Hall	8
Ukulele group	20:00 - 21:00	Village Hall	10
Wednesdays			
GS Art Group	11:00 - 16:00	<u>Church Hall</u>	11
Guilden Sutton Sings	13:15 - 14:45	Village Hall	11
Circle Dancing	14:30 - 16:00	Village Hall	10
Pilates	19:00 - 21:00	<u>Church Hall</u>	9
Thursdays			
HAL	09:15 - 10:30	Village Hall	7
Fridays			
Stardust drama	15:45 - 17:45	Village Hall	4
Nina Gaskill Dance	16:30 - 18:30	Village Hall	10
Scouts	19:30 - 21:00	Village Hall	12
Indoor Bowls	19:00 - 21:00	Village Hall	9
Pop-up Play Village	11:00 - 12:15	Village Hall	6
Saturdays			
Nina Gaskill Dance	9:00 - 17:00	Village Hall	10

WEBSITE

<https://www.guildensutton.org.uk>

Printed by Mustard Print, CoWorkz Business Centre
Minerva Avenue, Chester CH1 4QL

Summer Art Exhibition and Sale 2024

Guiden Sutton's first major art exhibition, held over two days in June, included over 160 original artworks from 16 artists and 21 year group winners from Guiden Sutton Primary School's art competition.

Over 250 visitors came to the exhibition, 26 paintings found new homes, 67 greeting cards were sold, and over £1600 was raised for the Hospice of the Good Shepherd and the British Heart Foundation.



The accompanying pop-up café, run by Vivian Downing, was a great success and much cake was consumed! Huge thanks go to all the volunteers who made the exhibition possible, including members of the Community Association, the Guiden Sutton Art Group and particularly Peter Reid for organising the event and contributing many paintings – without their enthusiastic input, it would not have happened!

The Village fete

Despite the drizzle, Guiden Sutton turned out in force for the annual fete!

There was a huge range of entertainment to enjoy, from the arena displays of dog and duck herding, Nina's School of Dance and the ever-popular bubbleman - to the beer tent, the donkeys and the traditional fairground rides, as well as all the games and activities around the field to take part in. It was a fantastic community event.

Thank you to everyone who came along during the afternoon and to all the volunteers who helped make it happen.



Save the date for next year's fete: Saturday 12th July 2025!